

Faith Formation 2017-2018

Grades 7/8/9

Mass Journals

“It’s so important to go to Mass every Sunday because that’s where people receive Christ who saves, forgives and unites everyone to his father, church and each other.” - Pope Francis

In the Third Commandment, God tells us to “Remember to keep holy the Sabbath day.” The Church tells us that we have an obligation to fulfill the Third Commandment by refraining from unnecessary work on Sunday and by participating in the Mass, our chief form of worship as Christians. We are called to be Christians together; while we can and should engage in the private worship of God throughout the week, our primary form of worship is public and communal, which is why Sunday Mass is so important.

As a member of the church we are all asked to be active members. A portion of your Faith Formation journey this year is to attend weekend Masses throughout the year. As a student of Faith Formation you are to journal **EIGHT (8) weekend Masses**.

Mass Journals must include:

- The date and time of Mass
- Which Church you attended
- A short reflection of a reading, the homily, and/or the music **(at least one paragraph in length)**
- Document how you can actively live out your faith based on the Mass’s message

God made us social beings. He wants us to come together in community to worship Him. Jesus said, "Where two or three are gathered together in my name, there am I" (Matthew 18:20).

Mass journals are due **April 4th, 2018**.
Wednesday Youth Masses do not count towards these Masses.