



Winona Diocese Council of Catholic Women

CONNECTING CATHOLIC WOMEN

June 2016

From our President Cindy Meling



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Dear Sisters in Christ,

I hope everyone has seen the Province Conference speakers list and has registered to attend. It is going to be an amazing day and a half on Monday, June 13th and 14th in Monticello at St. Henry's Church. I can't wait to hear the interesting and powerful messages that each speaker is going to present to us. I believe it will be a Conference that people will talk about for the next two years. Please bring a car load and enjoy yourselves to these special days ahead.

Our next gathering of the Winona Diocese CCW will be held on Wednesday, July 13th in Windom at the St. Francis Xavier Church. This is in the Slayton Area and I know that is way on the West side but it has been a long time (3 years) since we have had a gathering there. I still have to drive an hour to get there and that is in my territory. It will be so nice to be there. The International Concern Committee and the Family/Community Concern committee will have the speakers for that day. I am longing to hear who they will have come and speak.

I have two interesting things happening to me right now. The first is that I am spending 4 days with my son and daughter-in-law and my 4 wonderful grandchildren in Sartell. On the way up to see them I was involved in a car accident and totaled my car. I have a few bruises and have a neck problem. My airbags did deploy and I was wearing my seat belt. I truly do believe that God was sitting with me that day and I am here because of him. I saw it coming and tried to avoid the head on/T-bone accident. I had said the Rosary that morning asking for a safe journey and I believe he did help me and have thanked him every day for his saving me.

The second interesting thing that is happening is the book that I am reading, "Gods at War" by Kyle Idleman. At the same time, I am involved with a Bible study about the book. It is about idols and idolatry; he describes not only what we put before God but how we can put God first again. I didn't want to believe how in-depth he can make you go into searching your heart to defeat the idols that battle for your heart. It is the heart that seems to make all our decision for us. So we must learn about what our heart feels about God and how He must be first with us before anything else. So, since the accident I am really trying to learn more about my heart and how I can put God really first in my life and not let the idols take control of me.

I Thank You for everything that you do and may God Bless each of you.

This is the Day the Lord has made, let us Rejoice and be Glad!!



Mission Statement:
The Winona Diocese Council of Catholic Women Acts through it's Affiliated Organizations to Support, Empower, and Educate All Catholic Women in Spirituality, Leadership, and Service. WDCCW programs respond with Gospel values to the needs of the Church and society in the Modern World.



LEADERSHIP COMMISSION
Teri Rosendahl, Vice President

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Where has the spring gone? As we mature (a nicer way of saying we are growing older). We seem to get busier in our lives, whether it is with church activities, school, sports or family get-togethers. Time just flies by! How do we determine what to do first? I have finally "matured" enough to realize God, family, work; in that order usually works best. I hope it is working well for you this spring and summer with all the goings on. On an interesting note, I went to a book sale and found the Catholic Catechism and grabbed it as fast as I could. I was amazed to see on the inside cover, that this book was a gift from a husband to his wife. This is what it said, "Happy 65th birthday, may God continue to bless you in all your endeavors. Proverbs 31: 10-31 was written with you in mind. Many women have done wonderful things, but you surpassed them all. Love Always, your husband."

I truly pray that God will bless all the women of this diocese in all their endeavors. Love Teri

POPE'S PRAYER INTENTIONS FOR JUNE



- **Universal:** That immigrants and refugees may find welcome and respect in the countries to which they come.
- **Evangelization:** That the personal encounter with Jesus may arouse in many young people the desire to offer their own lives in priesthood or consecrated life.





Spirituality Commission
Legislative, Respect Life & Anti-Pornography
Eleanore Jones
eleanore_j@hotmail.com
507-937-3460

Put a Father's Day ad in your local newspaper. MCCL will send you an ad available in full color or black and white and it can be sized to fit any publication. Call the state office at 612-825-6831 and they will send by email directly to your newspaper or church so be sure to have the proper email address. They don't charge you for the artwork, but a newspaper will charge you to place the ad. MCCL has "Thanks Dad for Life!" buttons available.

Workers are needed at your Fair Booths. You may contact State MCCL and they will be able to help you out on who to contact in your area. State could also use your help at the State Fair Booth. 612-825-6831

This is MCCL's second Camp Joshua to equip more youth people with the knowledge and tools to become effective pro-life advocates and leaders. Camp Joshua Minnesota is part of the Life & Leadership Camps initiative, a nationwide program developed by National Right to Life, Louisiana Right to Life and Wisconsin Right to Life. The camp is open to high school students who will be entering grades 9-12 or who will be college freshmen in the fall of 2016. It costs \$75 per student (covering meals, accommodations, materials); scholarships are available. The registration deadline is June 1 or when the camp reaches capacity. There are still openings. Registration forms and more information are available online at www.mccl.org see Events) or by contacting Jennifer Kistler at MCCL (612-825-6831 or mccl@mccl.org).

The taxpayer funding ban, licensing amendment and a bill that would have amended Minnesota's abortion reporting law, (The addition requires that statistics about "webcam abortion" - in which chemical abortions are offered remotely through telemedicine - are included in the Department of Health's annual abortion report.), were passed in the House but not in the Senate.

These were attached to the Health and Human Services (HHS) omnibus bills. A bill to overturn Minnesota's ban on assisted suicide received a Senate hearing on March 16, but the legislation was pulled from consideration before a vote could be taken. The author has stated that she will bring it back in the future. You can learn more on this at www.mnass.org.

Let MCCL know if you would like them to speak at your church, pro-life group, senior center, health care event or anywhere people are interested in understanding the issue of assisted suicide. The advocates continue to hold such meetings, and we need to do the same. Together we can save lives.

Obama unilaterally rewrites law and imposes transgender policy on nations schools. Keep an eye on what is happening legislatively on the federal level. Our state is no longer in session.

Netflix has 5 recommendations for Catholics. The Jewish Cardinal (2013), The Story of Ruth (1960), Little Boy (2015), Gospel Road: A Story of Jesus (1973) and The Keys of the Kingdom (1944)

Boycott Target Stores! Target's dangerous dressing and bathroom policy poses a threat to women and children. Over 1 million people agree with this boycott and will boycott Target stores until protecting women and children is a priority.

Please keep an eye on what your children and grandchildren are doing on their phones and watch for trafficking happening in your area.

Love Life! Protect It! Respect It!



**Barb Mensink & Teri Rosendahl,
Caledonia Area Co-Presidents in Rushford**



This year, the National Council of Catholic Women (NCCW) have focused on educating ourselves on the problems of Human Trafficking, Immigration and Respite.

Our guest speakers for the evening were Sister Anne Walch & Sister Judi Angst from Assisi Heights in Rochester, MN, on the topic of Human Trafficking/Human Slavery. The program brought out a subject that we probably don't think about in our small, safe communities, but we learned it is all around us! We learned the average age of boys/girls being trafficked is 13. Fifty percent of the victims are children. The average price of a human slave across the world is \$90. These slaves earn \$13,000 a year for their captors. The percentage of traffickers who are persecuted worldwide, despite the fact that slavery is illegal everywhere, is one percent. The National Center for Missing and Exploited Children estimates 100,000 children are exploited each year in the U.S. There is a connection between internet pornography and human trafficking. The following clues may help you identify, a possible trafficking victim: accompanied by a controlled person or boss, not speaking on their own behalf, lack of control over personal schedule, money, ID, or travel documents. They are also transported to and from work or they live and work in the same place. Debt owed to employer/crew leader; inability to leave job. Bruises, depression, fear, and overly submissive. The National Human Trafficking Resource number for more help if you encounter victims. 1.888.373.7888 to learn more go to Mission 21 in Rochester, MN at <http://mission21mn.org/> Breaking Free in St. Paul, MN at breakingfree.net National Center for Missing and Exploited Children at www.missingkids.com Sisters of St. Francis rochesterfranciscan.org or Jacob Wetterling Resource Center at <http://jwrc.org>



SPIRITUALITY – CHURCH COMMISSION

VALERIE EHLENFELDT

PO BOX 83 OSTRANDER, MN 55961

ehlenfeldt.valerie@yahoo.com

The Month of June is Dedicated to the Sacred Heart of Jesus



The feast of the Sacred Heart was approved for specified dioceses by Clement XIII in 1765, and extended to the whole Church by Pius IX in 1856. In 1889 Pope Leo XIII elevated it to the rank of first class, and through an encyclical letter in 1899 dedicated the whole Catholic world to the Sacred Heart of Jesus. The term "Sacred Heart of Jesus" denotes the entire mystery of Christ, the totality of his being, and his person considered in its most intimate essential: Son of God, uncreated wisdom; infinite charity, principal of the salvation and sanctification of mankind. The "Sacred Heart" is Christ, the Word Incarnate, Savior, intrinsically containing, in the Spirit, an infinite divine-human love for the Father and for his brothers. If you are looking for something personally to help draw yourself closer to Jesus and enhance your prayer life, June is the

perfect time to start the Do-It-Yourself retreat of Consoling the Heart of Jesus. This beautiful retreat is very inspiring and is filled with fantastic insights and great resources. *"In the Sacred Heart, every treasure of wisdom and knowledge is hidden. In that Divine heart beats God's infinite love for everyone. For each one of us individually."* ~ St. John Paul II

JUNE 3rd is the Feast of the Sacred Heart of Jesus and First Friday this year.

JUNE 4th is the Feast of the Immaculate Heart of Mary and First Saturday this year.

Novenas to the Sacred Heart of Jesus and Immaculate Heart of Mary and other prayers including Acts of Consecration to both can also be found at
<http://www.ewtn.com/Devotionals/heart/index.htm>



Fun Fact: The Institution of the Angelus of Our Lady is celebrated on June 28

The institution of the Angelus occurred June 28, in about 1456 by Pope Callistus. The Turks had been threatening Europe and it was the Pope's request that the Faithful recite the Angelus for the safety of Christendom against the Turks, and for peace. The Angelus was first recited about sunset, a general practice throughout Europe in the first half of the 14th century, recommended by Pope John XXI. The morning Angelus seems to have started somewhat later, again, for peace. The recitation of the midday Angelus began sometime in the 14th or 15th century; it was called the "Peace Bell." This present-day custom of reciting the Angelus is a short practice of devotion in honor of the Incarnation, repeated three times each day, morning, noon, and evening, at the sound of the church bell. The Angelus is associated historically with the invasion of the Turks, again, in 1683, when they laid siege to Vienna. Emperor Leopold of Austria fled and begged for assistance from John Sobieski, a great Polish general, who gathered his army and hastened to the rescue, stopping at one of Our Lady's shrines in Poland for blessing first. Sobieski brilliantly leading his troops, forced the Turks into a trap, but their number was so great that he could not penetrate their ranks. Sobieski's cavalry turned in retreat. The Turks rushed forward but were re-attacked. The shouts and cries of Sobieski's men threw terror into the Turks when they learned that Sobieski, himself, "The Northern Lion," was on the battlefield. He had defeated the Turks in Poland on previous occasions and they feared him. The Turks then fled, panic-stricken. The battle raged for a time. Sobieski remained on the front line; commanding, fighting, encouraging his men and urging them forward. The Turks were finally defeated, Vienna and Christendom saved, and the news was sent to Pope Innocent XI at Rome. Sobieski was a humble man, for in the height of his greatest victory, in a letter to Pope Innocent XI, he said it was God's cause he was fighting for, and Mary's honor. His message to the Pope on the victory read: **"I came, I saw, but God and Mary conquered."** The day after the Battle, Sobieski entered Vienna victoriously. Later he pursued the Turks into Hungary, again attacking them and defeating them. The Turkish threat to Europe had vanished. Pope Innocent XI after the battle of Vienna requested the whole Christian world to recite the Angelus for peace. The Angelus takes on special significance today because

Communism has duplicated, in many respects, the pattern of the Turkish invasion of Europe. The 500th anniversary of the institution of the Angelus by Pope Callistus III, was a reminder to recite the centuries old prayer for peace and for the protection of the Christian world from the Red menace of Communism.

The Angelus Prayer

V. The Angel of the Lord declared unto Mary.
 R. And she conceived of the Holy Spirit.
Hail Mary...
 V. Behold the handmaid of the Lord.
 R. Be it done to me according to your word.
Hail Mary. . .
 V. And the Word was made flesh.
 R. And dwelt among us.
Hail Mary. . .
 V. Pray for us, O holy Mother of God.
 R. That we may be made worthy of the promises of Christ.
 Let us pray:

Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we to whom the Incarnation of Christ Thy Son was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection. Through the same Christ Our Lord. Amen.

Important Days to Remember in June

- | | |
|---|---|
| 3 rd ~ Feast of the Sacred Heart & First Friday | 24 th ~ Nativity of St. John the Baptist |
| 4 th ~ Feast of the Immaculate Heart of Mary & First Saturday | 27 th ~ Our Lady of Perpetual Help |
| | <i>Novena can be found at:</i> |
| | http://www.catholictradition.org/Mary/olph5a.htm |
| 13 th ~ Second Apparition of Our Lady of Fatima | |
| 14 th ~ Flag Day  | |
| 19 th ~ Father's Day | 28 th ~ The Institution of the Angelus of Our Lady |

FAMILY AND COMMUNITY CONCERNS

Nancy Back
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 Harmony, MN 55939
catholic.mom630@gmail.com
[815-275-2360](tel:815-275-2360)

June is a month with many activities...graduations, summer parades, weddings, and other parties. Please remember to keep your kids safe as they may want to spend time outside and/or with friends. As a mother of teenagers, I see the importance of communication and knowing where and with whom they are with. Curfews are not a bad idea either. Remember, your role is their parent....not their buddy. Human trafficking is a real problem and is happens even in small towns. I see many posts on Facebook of missing youth. Please take time to speak with them about internet and phone safety. We had the privilege to hear Sister Anne Walch from Sisters of S.t Francis speak about the topic. A website for more information is:

<https://www.rochesterfranciscan.org/what-we-do/justice-and-peace/human-rights-issues.html>



Don't forget Father's Day! Please remember to pray for all fathers living and deceased this month. There is a great need in today's world for men to lead their families in faith and virtue. Pray that they will have the integrity, courage, and strength (as St Joseph did) to guide their families in this world that is shaking the foundation of family life.

Upcoming events:

Totus Tuus at different parishes throughout Winona Diocese. Please seek out a group near you for your youth.

Steubenville North coming to Rochester Mayo Civic Center in July. Please check with partnershipforyouth.org for registration.

I am planning a speaker for July 13th at St Francis Xavier in Windom, MN to speak on modesty. This will be an event open to youth as well at a discounted rate. More information to come. Please save the date and contact me with any further questions or concerns.

COMING EVENTS

Province of St. Paul & Mpls. Conference
June 13, 14
Monticello, MN

WDCCW MEETING
Wednesday, July 13th Windom, MN
St. Francis Xavier

2016 NCCW Convention
Catholic Women: Instruments of Mercy
September 7 - 10, 2016
Indianapolis, IN

Anyone is welcome to contribute articles to this E-news. Cutoff date for articles is the 26th of each month. Please send your submission to wdccw@dow.org. Our President reviews all items and reserves the right to decline them before they are printed.
 Fran Berreau
 Communications Committee for the WDCCW

Highlights from meeting in Preston

Kathy Wilmes
Secretary, Winona Diocesan Council of Catholic Women
 May 2016

We had a wonderful meeting at St. Columban Catholic Church in Preston on April 13; I can't wait to share them all with you.

Valerie Ehlenfeldt, our Church Concerns Commissioner, shared with us a wonderful opportunity to grow in our own faith as well as share it with others. The program is called *Treasures of The Church* and is run by Fr. Carlos Martins of the Companions of the Cross, which is an evangelical organization whose mission is the renewal and strengthening of faith through a presentation of the use of spiritual relics in the Church as well as to give attendees the opportunity to actually see and touch these sacred relics, 150 in all, that are brought for exposition. 48 states have had the opportunity to have this exposition; this group has asked if, this year, we here in Minnesota would like that opportunity. Because the Companions group would like as many people as possible to attend at any one time, they have asked if a parish with sufficient space along the I-90 corridor would be willing to host this. The parish pastor would have to request the exposition, and there must be sufficient table space to present the relics; Valerie has those exact specifics. I am told that the presentation is a powerful experience and that many miracles of healing do happen at these expositions, so this is a life-changing event for all to witness. Again, contact Valerie Ehlenfeldt, Cindy Meling or me for details.

We had two great speakers at this meeting. The first was Kristina Hammell of Catholic Charities concerning the plight of the refugee. I did not realize how many requirements these people who have been through so much have to go through in order to stay here; for some it takes two years to go through the process. Please keep them in your prayers as they move toward a better life for themselves and their families.



Our second speaker of the day was Fr. Thomas Cook, whose spirited presentation concerned Our Lady of Fatima and The Rosary. What touched me most about this presentation is the question that, Father said, should really replace "What Would Jesus Do?" and that is "What do you want of me, Lord?" I'd like to leave you today with the prayer that he left us:

My God, I believe, I adore, I hope, and I love you! I ask pardon of you for those who do not believe, do not adore, do not hope and do not love you!

O Jesus, it is for love of you, for the conversion of sinners, and in reparation for the sins committed against the Immaculate Heart of Mary.

Most Holy Trinity, Father, Son, and Holy Ghost, I offer you the most precious Body, Blood, Soul, and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the sacrileges, outrages, and indifference by which He Himself is offended. And through the infinite merits of His most Sacred Heart and the Immaculate Heart of Mary, I beg of you the conversion of poor sinners. Amen. (followed by the Angelus)

SERVICE INTERNATIONAL COMMISSION

Rosanne Buehler: Email: brbuehler@acegroup.cc (507) 895-2403
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 Linda Thesing: Email: lindathesing07@gmail.com (507)895-2146
 424 N. 1ST. St., La Crescent, MN 55947

Greetings to all! Thank you to all for all the wonderful work you have put in sewing diapers, dresses, quilts, receiving blankets and so much more. I received a report from Mary Lynn Portz regarding the quantity of diapers, dresses, quilts and premie hats made by ladies in the Slayton area. Great job ladies! I know it is all greatly appreciated by us and those missions who receive them.



I received a request for clarification on the request of ties on the diapers by Joyce a director for Sacred Heart Haiti Missions. I would suggest using fabric that does not stretch, maybe old scraps of fabric. I would make them about 10 to 12 inches long and a third of an inch wide. Sew them where you put the Velcro tabs and then make loops on the front of the diaper to slip the ties through. This is the only mission that has requested ties on the diapers. You can send diapers with Velcro also. None will be turned away and all will be appreciated.

We have received information on Birthing Kits that missions can use. There are many projects that are brought to our attention so the choice is yours as to which ones work best for you. The Birthing Kits include:

Birthing Kits: A sterilized razor blade to cut the umbilical cord, alcohol wipes, sterile gauze, a chuck pad so they can deliver the baby on something clean, diapers, sanitary napkins and an outfit and hat for the baby. Children's Health Ministries is the one from the article in the March 14th Bluff Country Reader 2016.

Another project brought to our attention are sleeping mats made from plastic bags. These are used in Haiti. These are placed on the floor and the blanket is placed on top of them.

Sleeping Mats:

A video on how to make sleeping mats can be found on Youtube.com Our Savior Lutheran Church, Aberdeen, South Dakota. The Aberdeen news has this info also: [facebook.com/theAberdeennews/videos/1112176768826530/](https://www.facebook.com/theAberdeennews/videos/1112176768826530/) You need 500-700 plastic bags with no holes or tears to make one 3 ft. x 6 ft. mat. You also need a rotary cutter, cutting mat, and size m9 crochet hook. Fold and cut 2 inch wide strips. It takes 150 strips tied together to make a ball...more information on the video.



“Whoever is kind to the poor lends to the LORD, and He will reward them for what they have done.”
 Proverbs 19:17



Mary Beth Hicks is an author, columnist, and speaker for more than a dozen years from the interesting section of parenting and culture. Her

column "Teachable Moments" is featured in the Catholic Digest magazine and appears each week on EWTN radios Sun Rise Morning Show with Matt

Swain. Currently she serves as Director of Marketing at FAITH Catholic, the publishing and communications company of the Catholic Diocese of Lansing, Michigan. You can check her on her website at www.marybethicks.com. She is a graduate of Michigan State University and serves on the advisory board of Parent Television Council, an organization seeking to promote decency on the airwaves.



Christine Schicker works with EWTN as the Market Representative and is responsible for expanding EWTN's distribution, coordinating volunteer activities of EWTN Media Missionaries,

working with other dioceses and media affiliates in the North Central Region of the United States. With the way our media is so secular in its programming, EWTN gives us choices with our faith and values in mind.

Monday, June 13, 2016

- 5:00 PM Patriotic Rosary
- 5:30 Registration
- 6:00 Banquet
- 7:00 Mary Beth Hicks & Christine Schicker

Tuesday, June 14, 2016

- 7:30 AM Registration
- 8:00 Confession
- 8:45 Mass
- 9:45 Refreshments
- 10:00 Jeff Cavins
- 11:00 Break
- 11:30 Jason Adkins
- 12:15 Lunch
- 1:15 Kathy Langer
- 2:00 Closing Prayer

Silent Auction items will be available for purchase.



Jeff Cavins is a National and International speaker who brings his zeal and excitement of his love for Jesus Christ. After 12 years of being a Protestant Minister, he returned to the Catholic church under the guidance of Bishop Paul Hurlay. With many degrees under his belt, he travels to many places in aid of Evangelization. Six years he produced and hosted "Life on the Rock", a live talk show for young adults on EWTN. He even substituted for Mother Angelica on her live show when she was traveling or ill. Jeff still continues to appear from time to time on EWTN. Now he is a part of the Archdiocese of St. Paul and Minneapolis in the Office of Evangelization.



Jason Adkins is the head of the Minnesota Catholic Conference. He works with the Bishops of Minnesota to help in the legislative process with issues needing a faith based voice. He helps in shaping our lawmakers to know more on the needs of human dignity, common good and education of Catholic Values.



Kathy Langer works with the diocese of St. Cloud with Catholic Charities. She will give us information on the needs and work to do for the best of our brothers and sisters out there.

Name _____
Address _____
City _____
State _____ Zip _____
Email _____
Parish/City _____
Diocese _____

- June 13, 2016 \$35.00
- June 14, 2016 \$35.00
- Both (June 13 & 14) \$55.00

After June 1, 2016—price will increase by \$10.00

Please enclose this form with payment and send to:

Marcia Simon
2896 Lonsdale Blvd
Northfield, MN 55957

Make checks payable to:
Province of St. Paul and Minneapolis

Total Enclosed _____

Hotel Accommodations:

Best Western ~ Monticello
89 Chelsea Rd
1-877-349-2415

Single room \$73.99—\$5.00
additional person

Americ Inn Motel ~ Monticello
118 7th St. East (by Perkins)
1-800-295-4775

Single room \$65.00 extra
persons additional

Reserve before May 15 for this
rate and please mention
Council of Catholic Women

For More Information, please visit
the following websites:

- www.accwarchspm.org
- www.stcloudccw.org
- Or call the ACCW Office
651-291-4545



Province of St. Paul
and Minneapolis
Archdiocesan Council
of Catholic Women

Sowers of Hope!

June 13 & 14, 2016

St. Henry Catholic Church
1001 East 7th Street
Monticello, MN 55362
763-295-2402