

Faith Formation 2016-2017

10th Grade Mass Journal

“It’s so important to go to Mass every Sunday because that’s where people receive Christ who saves, forgives and unites everyone to his father, church and each other.” – Pope Francis

In the Third Commandment, God tells us to “Remember to keep holy the Sabbath day.” The Church tells us that we have an obligation to fulfill the Third Commandment by refraining from unnecessary work on Sunday and by participating in the Mass, our chief form of worship as Christians.

We are called to be Christians together; while we can and should engage in the private worship of God throughout the week, our primary form of worship is public and communal, which is why Sunday Mass is so important.

As a member of the church we are all asked to be active members. A portion of your Faith Formation journey this year is to attend weekend Masses throughout the year. As a student of Faith Formation you are to journal **at least 10 weekend Masses** – and keep a Mass Journal.

In the Mass Journal you must provide:

- Date & Time of Mass
- What Church you attended
- A short reflection of a reading, the homily, and/or the music – the reflection must be at least 5 or more sentences in length.
- Provide one way how you will actively live out your faith based on what the Mass was about that particular week.

God made us social beings. He wants us to come together in community to worship Him. Jesus said, “Where two or three are gathered together in my name, there am I” (Matthew 18:20).

Journals are due **April 5, 2017.**
(Wednesday Youth Masses do not apply towards these Masses)